

Bear Tracks



Volume 18, Issue 4

October 12, 2017

Dates to Remember



- **October 13**
 - ◆ Student Holiday
- **October 16**
 - ◆ Return cakewalk donation forms
- **October 18**
 - ◆ Deadline to return RSVP forms for Brockman Bash
- **October 20**
 - ◆ Brockman Bash, 6:30-8:30 pm
- **October 23-27**
 - ◆ Red Ribbon Week
- **October 23**
 - ◆ FUNd RUN Kick-off
- **October 24**
 - ◆ Group & Make-up Pictures
- **October 25**
 - ◆ Coffee at Bruegger's Bagels, 7:15 am
- **October 27**
 - ◆ Lifeskill Tea for Cooperation
 - ◆ Park Playdate at Citadel Park, weather permitting, at 2:45 pm



Red Ribbon Week is Right Around the Corner

This month, the school counseling program is emphasizing bullying prevention, healthy choices, and the Lifeskill of Cooperation. In our classroom guidance lessons at the end of September, we explored the different ways we experience peace and how we share peace with others. We began October with a lesson about feelings and how we can affect the feelings of others in Primary classes, and Upper and Lower Elementary classes had an introductory lesson on Growth Mindset.

During the second half of October, we will focus on drug prevention and making healthy choices as we celebrate Red Ribbon Week on October 23-27. The motto for Red Ribbon Week is "Your Future is Key, so Stay Drug Free." Each day will have a dress up theme so students can have fun and showcase their spirit.

Want to learn more about Growth Mindset? Check out this video at www.youtube.com/watch?v=Vz-D2QvhiRw and the following website at www.mindsetworks.com/parents/growth-mindset-parenting.

Wondering how to have a conversation with your child(ren) about drug and alcohol use? Check out this website at kidshealth.org/en/parents/talk-about-drugs.

Brockman BASH

The Brockman Bash is almost here! Get ready on Friday, October 20th, from 6:30 to 8:30 pm, for costumes (that includes you parents!), concessions, games, prizes and more! We look forward to seeing you at this fun fall event for Brockman students and their families. Don't forget to do the following:



- Return your Bash RSVP form by **Wednesday, October 18th** to reserve your child's free Bash card
- Return your cakewalk donation form by **Monday, October 16th**. We are looking for 3-4 donations from each class. Please contact Nici Comer at gamecomer5@gmail.com if you have any questions.

For information about this event or if you would like to volunteer, please contact Seema Madden at blueandque@yahoo.com or Jen Williamson at jenwilli@bellsouth.net.

Park Play Dates

Weather permitting, let's meet up at Citadel Park after school pick up on Friday, October 27, at 2:45 pm for some fun with Brockman friends.



Parents Morning Coffee

On Wednesday, October 25th, at 7:15 am following morning drop off, let's head over to Bruegger's Bagels to enjoy a cup of coffee and get to know each other. Stay for as little or as long as you like. We hope to see you there!



FundRun

The Brockman FUNdRun will kick-off on October 23rd, and the run will be November 10th. Stay tuned for more information on the run. In the meantime, please send in pictures of your student(s) making healthy choices: exercising, playing outside, preparing and/or eating healthy meals, etc. We will also be celebrating Veteran's Day the day of the FUNdRun, so please send in pictures of any veterans in your life, preferably pictures with them in uniform and/or with your child. We will be using these in a slideshow and throughout the event.

You may submit pictures either in hard copy format in envelopes marked "PTO—FUNdRUN" or by **digitally uploading them at <https://spaces.hightail.com/uplink/upfloyd>**. Be sure to write on the back of the photo or put a note with each photo so we'll know who it is.

We also have plenty of volunteer opportunities. Sign up at www.signupgenius.com/go/508054ba5a928a0fb6-brockman.

The district's Universal Screener will be the **HMH Reading & Math Inventory** which will be administered during the window of **October 9-20, 2017**.

Reminder: Students may enter the building beginning at **7:05 am**. Adult supervision is not available until that time. Your compliance with this policy is appreciated.

Thank You

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The Lifeskill Vitamind for October is Cooperation

- Oct. 16 Anything Is Possible
- Oct. 17 Doing Gets Results
- Oct. 18 Accept Others' Help
- Oct. 19 Share The Chores
- Oct. 20 Schools Need Cooperation
- Oct. 23 Someone Needs You
- Oct. 24 We Need Friends
- Oct. 25 Be Agreeable Today
- Oct. 26 Do Your Share
- Oct. 27 Offer Extra Help